

FEBRUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 10:00 Chinese New Year 10:45 Chinese Lantern DIY 11:45 Exercise 12:00 Lunch 12:45 Walk Club 1:00 Chop Stick Pom-Pom 2:00 Random New Year Trivia	2 10:00 Fun Fact Groundhog 10:45 Groundhog Heads Up 11:45 Exercise 12:00 Lunch 12:45 Walk Club 1:00 Basketball 2:00 Hangman
5	6 10:00 Self-Love Spa Day 10:45 Random Trivia 11:45 Exercise 12:00 Lunch 12:45 Walk Club 1:00 Reel in the Bottle 2:00 Unscramble Words	7 10:00 February Snow Moon 10:45 Snowman Painting 11:45 Exercise 12:00 Lunch 12:45 Walk Club 1:00 HoneyBee Music 2:00 Snowman Cup Knock Off	8 10:00 National Singing Day 10:45 Guess Genres Music 11:45 Exercise 12:00 Lunch 12:45 Walk Club 1:00 Bowling 2:00 Genres Categories	9 10:00 Chocolates Tasting 10:45 Spot the Difference 11:45 Exercise 12:00 Lunch 12:45 Walk Club 1:00 Dart 2:00 Hangman
12	13 10:00 Madi Gras Celebration 10:45 Mardi Gras Bracelet 11:45 Exercise 12:00 Lunch 12:45 Walk Club 1:00 Bingo 2:00 Mardi Gras Quiz	14 10:00 Valentines Mason Jar 10:45 February Jeopardy 11:45 Exercise 12:00 Lunch 12:45 Walk Club 1:00 Ping Pong 2:00 4 Pics 1 word	15 10:00 Food Lover Facts 10:45 Food Quiz 11:45 Exercise 12:00 Lunch 12:45 Walk Club 1:00 Zumba with Carina 2:00 Word Soup	16 10:00 National Pizza Day 10:45 Bingo 11:45 Exercise 12:00 Lunch 12:45 Walk Club 1:00 Pet Therapy 2:00 Spot the Different
19 CLOSED FAMILY DAY	20 10:00 Random Act/Kindness 10:45 Charades 11:45 Exercise 12:00 Lunch 12:45 Walk Club 1:00 Music with Wayne O 2:00 Wordscape	21 10:00 All Things 50's 10:45 Fun-Filed Best 1950 11:45 Exercise 12:00 Lunch 12:45 Walk Club 1:00 Ladder Ball 2:00 1950 Inventions Techno	22 10:00 Tennis Trivia 10:45 Tennis Health Benefit 11:45 Exercise 12:00 Lunch 12:45 Walk Club 1:00 Match Play Challenge 2:00 Hangman	23 10:00 February Mad Lib 10:45 Pictionary 11:45 Exercise 12:00 Lunch 12:45 Walk Club 1:00 Music with Kenedy 2:00 Deal or No Deal
26	27 10:00 Guess the car brand 10:45 Facts about car 11:45 Exercise 12:00 Lunch 12:45 Walk Club 1:00 Car Race 2:00 Movie Night	28 10:00 Flower around / Wold 10:45 DIY Flower 11:45 Exercise 12:00 Lunch 12:45 Walk Club 1:00 Pet Therapy 2:00 Price is Right	29 10:00 World Weird Stories 10:45 February Trivia 11:45 Exercise 12:00 Lunch 12:45 Walk Club 1:00 Music with Wayne O. 2:00 Wheel of Fortune	1 10:00 Fact about Cakes 10:45 Cake Quiz 11:45 Exercise 12:00 Lunch 12:45 Walk Club 1:00 Karaoke 2:00 Golf

*Please Note: Activities are subject to change dependent upon client preference and PF discretion.

February 2024

ELDERCARE CONNECTIONS

PROGRAM CALENDAR



Program Announcements

- 1.If you are going to be absent from the day program, please call our head office to notify us at (780) 434 - 4747.
2. Please note, we will charge for all absences except for hospitalization and coronavirus.
3. Please inform us of any medication and contact information changes.

Celebrating February

- Groundhog Day | February 2nd**
- Chinese Lunar New Year | February 10th**
- Valentines Day| February 14th**
- Pink Shirt Day | February 28th**
- National Pancake Day | February 28th**

February Birthdays

Those born between February 1 – 19 are the star sign, Aquarius. Aquarius's are air signs who are unique, free-spirited, and fun loving. Those born between February 20 – 29 are the star sign, Pisces. Pisces are water signs who are creative, intuitive, and imaginative.

- February Birth Stone:** Amethyst
- February Flower:** Primrose and Violets



Connections Daily Schedule

9:00am - 9:30am	Client Arrival
9:30am - 10:00am	Client Choice Activities
10:00am - 11:15am	Morning Activities
11:15am - 11:45pm	Fun & Fit (Exercise Program)
11:45pm - 12:15pm	Lunch
12:45pm - 2:00pm	Afternoon Activities
2:00pm - 2:30pm	Light Refreshment
2:30pm -3:00pm	Client Departure

Program Closures

We will be closed
Monday, February 19th for Family Day