

April 2024

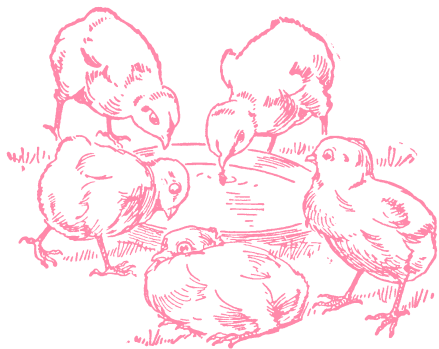
# ELDERCARE DAYBREAK

PROGRAM CALENDAR



## Program Announcements

- 1.If you are going to be absent from the day program, please call our head office to notify us at (780) 434 - 4747.
2. Please note, we will charge for all absences except for hospitalization and coronavirus.
3. Please inform us of any medication and contact information changes.



## Celebrating April

April Fool's Day | April 1st

Pet Day | April 11th

Grilled Cheese Sandwich Day | April 12th

Earth Day | April 22nd

Mahjong Day | April 30th

## April Birthdays

Those born between April 1 – 20 are the star sign, Aries. Aries are fire signs who are active, direct, and dedicated. Those born between April 21 – 31 are the star sign, Taurus. Taurus are earth signs who are trustworthy, grounded, and generous.

**April Birth Stone:** Diamond

**April Flower:** Daisy

## Daybreak Daily Schedule

9:30am - 10:00am	<b>Client Arrival</b>
9:30am - 10:30am	Client Choice Activities
10:30am - 11:45am	Morning Activities
11:45am - 12:15pm	Fun & Fit (Exercise Program)
12:15pm - 1:15pm	<b>Lunch</b>
1:15pm - 1:30pm	Daily Walk
1:30pm - 2:45pm	Afternoon Activities
2:45pm - 3:00pm	Light Refreshment
3:00pm - 3:30pm	<b>Client Departure</b>

## Program Closures

We will be closed  
Monday, April 1st for Easter

# APRIL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CLOSED</b> <b>EASTER</b>	10:30 April Fool's Day 11:00 Fact or Foolery 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Noodle Hockey 2:15 Bumfuzzling Words	10:30 Styrofoam Cup Bunny 11:00 Easter Mixed Up 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Curling 2:15 Random Trivia	10:30 April IQ 11:00 Card Bingo 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Seated Soccer 2:15 2 Truths 1 lie	10:30 Missing Last Letter 11:00 Connect 4 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 <b>Chuck and Carmel</b> 2:15 Opposites Word Game
10:30 Lamb Craft 11:00 Baa-believe trivia 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Basketball/ Ring Toss 2:15 Family Feud	10:30 EID Mubarak! 11:00 Giant Crossword 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Spring Fling/Lawn Darts 2:15 Popcorn Taste Test	10:30 National Farm Animals Day 11:00 Guess that Animal Sound 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 <b>Mark Courtnage</b> 2:15 Riddles	10:30 National Golfers Day 11:00 Toilet Paper Game 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Golf/ Ladder Ball 2:15 World History Quiz	10:30 Cherry Blossoms Festival 11:00 <b>Cherry Blossom Painting</b> 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Bowling 2:15 Travel to Japan
10:30 National Dandelions Day 11:00 <b>Pastel Dandelions</b> 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 <b>The Britz</b> 2:15 Would You Rather?	10:30 Board Games 11:00 National Librarian Day 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Bean Bag Toss/Darts 2:15 Hangman	10:30 Star of the Month 11:00 Guess the Jelly Bean Flavor 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Shuffle board 2:15 Movie and Popcorn (Social)	10:30 <b>Kite Making</b> 11:00 Kite Category 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Kite Flying 2:15 EZ Random Trivia	10:30 Tic-Tac-Toe 11:00 Bingo 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Basketball/Ladderball 2:15 Number Quiz
10:30 Earth Day Discussion 11:00 Facts about Planet Earth 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Lawn Darts/ Bowling 2:15 Planet Earth Video	10:30 Passover Celebration 11:00 Bingo 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Table Tennis 2:15 Comedy hour	10:30 Country Nicknames 11:00 Country A - Z 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Darts/Air Hockey 2:15 Famous Landmark Quiz	10:30 Who, What, Where 11:00 Tongue Twister 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 <b>Todd Wadio</b> 2:15 Pictionary	10:30 Exposing the Secret Word 11:00 Sing-along 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Ring toss/ Horseshoes 2:15 Charades
10:30 Odd One Out Quiz 11:00 Tic-Tac- Toe 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Mini golf 2:15 Finish the Proverbs	10:30 <b>Seed Planting</b> 11:00 Garden Fun Facts 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 <b>Louise LePore</b> 2:15 Flower/Vegetable Quiz			

\*Please Note: Activities are subject to change dependent upon client preference and PF discretion.