

February 2024

ELDERCARE DAYBREAK

PROGRAM CALENDAR



Program Announcements

- 1.If you are going to be absent from the day program, please call our head office to notify us at (780) 434 - 4747.
2. Please note, we will charge for all absences except for hospitalization and coronavirus.
3. Please inform us of any medication and contact information changes.

Celebrating February

- Groundhog Day | February 2nd**
- Chinese Lunar New Year | February 10th**
- Valentines Day| February 14th**
- Pink Shirt Day | February 28th**
- National Pancake Day | February 28th**

February Birthdays

Those born between February 1 – 19 are the star sign, Aquarius. Aquarius's are air signs who are unique, free-spirited, and fun loving. Those born between February 20 – 29 are the star sign, Pisces. Pisces are water signs who are creative, intuitive, and imaginative.

- February Birth Stone:** Amethyst
- February Flower:** Primrose and Violets



Daybreak Daily Schedule

9:30am - 10:00am	Client Arrival
9:30am - 10:30am	Client Choice Activities
10:30am - 11:45am	Morning Activities
11:45am - 12:15pm	Fun & Fit (Exercise Program)
12:15pm - 1:15pm	Lunch
1:15pm - 1:30pm	Daily Walk
1:30pm - 2:45pm	Afternoon Activities
2:45pm - 3:00pm	Light Refreshment
3:00pm - 3:30pm	Client Departure

Program Closures

We will be closed
**Monday, February 19th for
Family Day**

FEBRUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 10:30 February IQ 11:00 Minute to Win It 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Ring toss and Darts 2:15 Candlemas Discussion	2 10:30 Groundhog Day 11:00 Weather Prediction 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Groundhog Knockdown 2:15 Hangman
5 10:30 News N' Views 11:00 Star of the Month 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Mini Golf 2:15 Sing Along	6 10:30 Family Feud 11:00 Tic-Tac-Toe 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Seated Soccer 2:15 E-Z Does It Trivia	7 10:30 Magic Trick Videos 11:00 MAGIC Category 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Mullen Magic 2:15 Lawn Darts	8 10:30 Word Unscramble 11:00 Card Bingo 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Balloon Volleyball 2:15 Comedy Hour	9 10:30 Chinese New Year 11:00 Chinese Lanterns 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Dragon Target 2:15 Dragon Dance Videos
12 10:30 Chocolate Fun Facts 11:00 Rose Bud Kisses 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Curling 2:15 Beads In A Jar	13 10:30 Valentine's Card Making 11:00 Mardi Gras Discussion 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Tai Chi w/ Brad 2:15 Front Porch Travel to New Orleans	14 10:30 Match that Couple 11:00 Wall Art Craft 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Cupid Shootout 2:15 Heart Quiz	15 10:30 Valentine Card Matching 11:00 Cupcake Liner Flower 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Noodle Hockey 2:15 Name the Love Song	16 10:30 Indoor Scavenger Hunt 11:00 Library 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Basketball 2:15 Random Trivia
19 CLOSED FAMILY DAY	20 10:30 Family Day Discussion 11:00 Wright Family Game 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Lawn Darts/ Ring Toss 2:15 President's Day	21 10:30 Daily Chronicles 11:00 Bingo 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Croquet 2:15 Pictionary	22 10:30 Black History Month 11:00 PARKS Category 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Ladder ball/ Basketball 2:15 Movie and Popcorn	23 10:30 Now You Know 11:00 Wheel of Fortune 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Swinging Seniors 2:15 Star Trivia
26 10:30 Alphabet Quiz 11:00 Minute to Win It 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Jeff R. 2:15 Jeopardy	27 10:30 Finish the Story 11:00 Roll the Dice, Break the Ice 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Curling 2:15 Charades	28 10:30 Mystery box 11:00 Deal of No Deal 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Baseball 2:15 Question Ball	29 10:30 Board Game 11:00 Kisses Memory Game 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Chuck and Carmel 2:15 Random Trivia	1

*Please Note: Activities are subject to change dependent upon client preference and PF discretion.