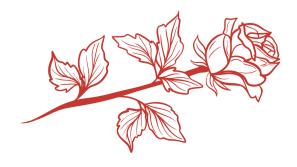


Daybreak Daily Schedule

9:30am - 10:00am Client Arrival Client Choice 9:30am - 10:30am Activities 10:30am - 11:45am Morning Activities Fun & Fit 11:45am - 12:15pm (Exercise Program) 12:15pm - 1:15pm Lunch 1:15pm - 1:30pm Daily Walk 1:30pm - 2:45pm Afternoon Activities 2:45pm - 3:00pm Light Refreshment

Program Announcements

- 1.If you are going to be absent from the day program, please call our head office to notify us at (780) 434 4747.
- 2. Please note, we will charge for all absences except for hospitalization and coronavirus.
- 3. Please inform us of any medication and contact information changes.



Celebrating February

Groundhog Day | February 2nd
Chinese Lunar New Year | February 10th
Valentines Day| February 14th
Pink Shirt Day | February 28th
National Pancake Day | February 28th

February Birthdays

Those born between February 1-19 are the star sign, Aquarius. Aquarius's are air signs who are unique, free-spirited, and fun loving. Those born between February 20-29 are the star sign, Pisces. Pisces are water signs who are creative, intuitive, and imaginative.

February Birth Stone: Amethyst February Flower: Primrose and Violets

Program Closures

Client Departure

3:00pm -3:30pm

We will be closed

Monday, February 19th for

Family Day

FEBRUARY 2024

MONDAY		TUESDAY	WEDNESDAY		THURSDAY		FRIDAY	
	29	30		31	10:30 February IQ 11:00 Minute to Win It 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Ring toss and Darts 2:15 Candlemas Discussion	1	10:30 Groundhog Day 11:00 Weather Prediction 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Groundhog Knockdown 2:15 Hangman	2
10:30 News N' Views 11:00 Star of the Month 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Mini Golf 2:15 Sing Along	5	10:30 Family Feud 11:00 Tic-Tac-Toe 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Seated Soccer 2:15 E-Z Does It Trivia	10:30 Magic Trick Videos 11:00 MAGIC Category 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Mullen Magic 2:15 Lawn Darts	7	10:30 Word Unscramble 11:00 Card Bingo 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Balloon Volleyball 2:15 Comedy Hour	8	10:30 Chinese New Year 11:00 Chinese Lanterns 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Dragon Target 2:15 Dragon Dance Videos	9
10:30 Chocolate Fun Facts 11:00 Rose Bud Kisses 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Curling 2:15 Beads In A Jar	12	10:30 Valentine's Card Making 11:00 Mardi Gras Discussion 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Tai Chi w/ Brad 2:15 Front Porch Travel to New Orleans	10:30 Match that Couple 11:00 Wall Art Craft 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Cupid Shootout 2:15 Heart Quiz	14	10:30 Valentine Card Matching 11:00 Cupcake Liner Flower 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Noodle Hockey 2:15 Name the Love Song	15	10:30 Indoor Scavenger Hunt 11:00 Library 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Basketball 2:15 Random Trivia	16
CLOSED FAMILY DAY	19	10:30 Family Day Discussion 11:00Wright Family Game 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Lawn Darts/ Ring Toss 2:15 President's Day	10:30 Daily Chronicles 11:00 Bingo 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Croquet 2:15 Pictionary	21	10:30 Black History Month 11:00 PARKS Category 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Ladder ball/ Basketball 2:15 Movie and Popcorn	22	10:30 Now You Know 11:00 Wheel of Fortune 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Swinging Seniors 2:15 Star Trivia	23
10:30 Alphabet Quiz 11:00 Minute to Win It 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Jeff R. 2:15 Jeopardy	26	10:30 Finish the Story 11:00 Roll the Dice, Break the Ice 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Curling 2:15 Charades	11:00 Deal of No Deal 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Baseball 2:15 Question Ball	28	10:30 Board Game 11:00 Kisses Memory Game 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Chuck and Carmel 2:15 Random Trivia	29		1

^{*}Please Note: Activities are subject to change dependent upon client preference and PF discretion.