

March 2024

ELDERCARE DAYBREAK

PROGRAM CALENDAR



Program Announcements

- 1.If you are going to be absent from the day program, please call our head office to notify us at (780) 434 - 4747.
2. Please note, we will charge for all absences except for hospitalization and coronavirus.
3. Please inform us of any medication and contact information changes.



Celebrating March

- Oreo Day | March 6th
- Barbie Day | March 9th
- Pi Day | March 14th
- Potato Chip Day | March 14th
- St. Patrick's Day | March 17th

March Birthdays

Those born between March 1 – 20 are the star sign, Pisces. Pisces are water signs who are imaginative, kind, and easy going. Those born between March 21 – 31 are the star sign, Aries. Aries are fire signs who are leaders, quick-witted, and charming.

- March Birth Stone:** Aquamarine
- March Flower:** Daffodils

Daybreak Daily Schedule

9:30am - 10:00am	Client Arrival
9:30am - 10:30am	Client Choice Activities
10:30am - 11:45am	Morning Activities
11:45am - 12:15pm	Fun & Fit (Exercise Program)
12:15pm - 1:15pm	Lunch
1:15pm - 1:30pm	Daily Walk
1:30pm - 2:45pm	Afternoon Activities
2:45pm - 3:00pm	Light Refreshment
3:00pm - 3:30pm	Client Departure

Program Closures

We will be closed
Friday, March 29th for Good
Friday

MARCH 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26	27	28	29	10:30 Banana Cream Pie Day 11:00 No Bake Banana Cream Pie 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Banana Relay 2:15 Banana Jokes Social 1
10:30 Madlibs 11:00 Bingo 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Horseshoes/ Ladderball 2:15 Now You Know 4	10:30 Reminiscing box 11:00 Kids Today will Never Know 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Shuffle board 2:15 4 Pics 1 Word 5	10:30 DIY Lip balm 11:00 History of lip balm 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Croquet/ Spring fling 2:15 Comedy hour 6	10:30 All About the 50's 11:00 Battle of the Sexes 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Dance Freeze 2:15 Sock Hop Social and Floats 7	10:30 International Women's Day 11:00 Famous Women 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Zumba 2:15 DST 8
10:30 Ramadan Discussion 11:00 Ramadan True or False 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Todd Wadio 2:15 Random Trivia 11	10:30 Who, What, Where? 11:00 Connect 4 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Basketball/ Darts 2:15 Movie & Popcorn 12	10:30 March IQ 11:00 Card Bingo 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Curling 2:15 Wheel of Fortune 13	10:30 Commonwealth Day discussion 11:00 Royal Quiz 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Yoga 2:15 Potato Chip Facts/Chip Tasting 14	10:30 Truth or Blarney 11:00 Shamrock Mason Jar 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Leprechaun Knockdown 2:15 The Green Quiz 15
10:30 Irish Shamrock Pretzels 11:00 It's Not Easy Being Green 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Shamrock Shootout 2:15 Travel to Ireland 18	10:30 Spring Equinox 11:00 Library 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Wayne O. 2:15 Spring Mixed Up 19	10:30 Spring Quiz 11:00 Tic-Tac-Toe 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Ladder ball/ Ring Toss 2:15 Spring Hangman 20	10:30 Amazon Forest Facts 11:00 Tree Trivia 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Noodle Hockey 2:15 Tree Names Word Scramble 21	10:30 Purim Discussion 11:00 Purim Traditions 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Mini Golf/ Lawn Darts 2:15 Quiz Whiz 22
10:30 Greek Independence/Trivia 11:00 Greece Landmarks 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Air hockey/Plinko 2:15 What's Next? 25	10:30 Egg Carton Bunny 11:00 Bingo 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Easter Egg Minute to Win It 2:15 Easter Pictionary 26	10:30 Easter History/ Traditions 11:00 Easter A-Z 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Chuck and Carmel 2:15 Random Trivia 27	10:30 Popsicle Chick Craft 11:00 Easter Trivia 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Pin the Ear (Bunny) 2:15 Wordscapes 28	29 CLOSED GOOD FRIDAY

*Please Note: Activities are subject to change dependent upon client preference and PF discretion.