

May 2024

ELDERCARE DAYBREAK

PROGRAM CALENDAR



Program Announcements

1. If you are going to be absent from the day program, please call our head office to notify us at (780) 434 - 4747.
2. Please note, we will charge for all absences except for hospitalization and coronavirus.
3. Please inform us of any medication and contact information changes.



Celebrating May

Cinco de Mayo | May 5th

Brunch for Lunch Day | May 11th

Mother's Day | May 12th

World Baking Day | May 19th

Strawberries and Cream Day | May 21st

May Birthdays

Those born between May 1 – 20 are the star sign, Taurus. Taurus are earth signs who are artistic, relaxed, and dependable. Those born between May 21 – 31 are the star sign, Gemini. Geminis are air signs who are extroverted, youthful, and clever.

May Birth Stone: Emerald

May Flower: Lily

Daybreak Daily Schedule

9:30am - 10:00am	Client Arrival
9:30am - 10:30am	Client Choice Activities
10:30am - 11:45am	Morning Activities
11:45am - 12:15pm	Fun & Fit (Exercise Program)
12:15pm - 1:15pm	Lunch
1:15pm - 1:30pm	Daily Walk
1:30pm - 2:45pm	Afternoon Activities
2:45pm - 3:00pm	Light Refreshment
3:00pm - 3:30pm	Client Departure

Program Closures

We will be closed
Monday, May 20th for Victoria Day

MAY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	10:30 May Day Discussion 11:00 May Day Never Have I Ever 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Javelin Toss 2:15 May IQ	10:30 Joker Game 11:00 Cupcake Liner Wreath 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Target Ractice 2:15 Wheel of Fortune	10:30 Solar Category 11:00 Space Trivia 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Balloon Volleyball 2:15 8 Wonders of the Solar System
10:30 Cinco de Mayo 11:00 Armchair Travel to Mexico 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Seated Soccer 2:15 Taco in a Bag	6 10:30 Paper Plate Lady Bug 11:00 Daily Chronicle 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Shuffle Board 2:15 4 Pics 1 word	7 10:30 Coconut Cream Pie 11:00 Bingo 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Bean Bag Toss/ Lawn Darts 2:15 Quiz Whiz	8 10:30 Name the Logo 11:00 Tic-Tac-Toe 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Paul L 2:15 Wordscapes	9 10:30 Mother's Day Card Making 11:00 Mother's Day Discussion 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Air hockey/Plinko 2:15 Mother's Day Tea Social
10:30 Motherly Humor 11:00 Card Bingo 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Ring Toss/ Darts 2:15 Letter C Foods	13 10:30 Junk Drawer Detective 11:00 Connect 4 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Mullen 2:15 Random Trivia	14 10:30 SMART Game 11:00 Quiz Whiz 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Croquet 2:15 Name Word Search	15 10:30 Amazing Home Facts 11:00 Incredible Houses 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Noodle Hockey 2:15 Riddles	16 10:30 Victoria Day Discussion 11:00 Library 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Darts/ Horseshoes 2:15 Comedy Hour
CLOSED VICTORIA DAY	20 10:30 Strawberry Fool Making 11:00 Strawberry & Cream Day 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Target Golf 2:15 Dessert Trivia	21 10:30 Space X COTS Falcon 11:00 "Going to the Moon" 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Yoga 2:15 Moon Facts/ Trivia	22 10:30 National Lucky Penny Day 11:00 Penny Scavenger Hunt 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Soccer 2:15 Penny Trivia	23 10:30 Toilet Paper Roll Fish 11:00 Asian Heritage Month 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Table Tennis 2:15 Let's Try Philippine Snacks
	27 10:30 Origins of Polka 11:00 Polka Categories 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Chuck & Carmel 2:15 Word Mining	28 10:30 Road Trip through AB 11:00 Bingo 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Pool Noodle Car Races 2:15 License Plate Game	29 10:30 Garden Fairy Wands 11:00 Roll-a-Garden 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Nature Hunt 2:15 Famous Garden Presentation	30 10:30 Puzzle Race 11:00 History of Puzzles 11:45 Exercise 12:15 Lunch 1:15 Walk 1:30 Minute to Win It 2:15 Wacky Words

*Please Note: Activities are subject to change dependent upon client preference and PF discretion.