

MARCH 2024

ECE NEWS

ElderCare Edmonton Society
for Adult Day Programs

Message from the Board Chair

ElderCare started the year with a site relocation from Fulton School to SEESA. We were very excited by this opportunity to move to a newer facility and be part of a blended seniors' community. We invite your feedback on your new 'home'. We also invite caregivers to join our Board of Directors. Check out the website for the application and contact myself if interested.

Happy Easter and keep well.

Best regards,
Donne Wulf, Chair Board of Directors



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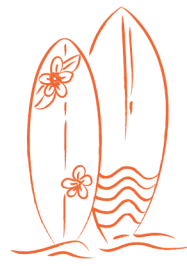
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Activity Spotlight

Beach Party

Daybreak / Westend Program



Aloha to all of our readers!

Earlier in the year, our Daybreak location decided to take a quick trip to Hawaii to escape the cold. It was such a memorable trip, it almost felt like a dream!

After a brief flight, clients were welcomed to Hawaii with a lei composed of local flowers and a refreshing lime margarita! Each person was then offered the opportunity to make a homemade body scrub.

Things seemed to be relaxing until our staff member, Jane, challenged everyone to a competitive game of beach volleyball. Not only did the clients have a terrific victory in the volleyball tournament against the staff, they were then rewarded with a celebratory photo shoot! After a long day of listening to the waves, clients took a brief flight back home.

The trip was so memorable, that the staff are busy planning another getaway very soon. Stay tuned to see where ElderCare visits next!



Donor Spotlight

KNIGHT DOORS & WINDOWS

As a registered charitable organization, donations are an invaluable contribution to our operations.

We would like to thank Knight Doors & Windows for the monetary donation that they made to ElderCare a few months ago. As a fellow client-centered organization, we are very thankful for their support and sense of community.



Here at ElderCare, we are thankful for any support that we receive, whether large or small.

If you or someone you know is interested in donating to ElderCare, we welcome you to visit the Donation page on our website for more information.

If you are interested in donating your time to our organization, we are always recruiting volunteers. Feel free to send an email to info@eldercareedmonton.ca, or call us at (780)-434-4747.

International Women's Day March 8th

As we approach International Women's Day, we would like to acknowledge and thank the wonderful women who support and work for our programs each and every day.

With Canadian statistics showing that over three quarters of the non-profit's workforce is composed of women, we recognize that we would be unable to provide the excellent programs that we do without the compassion and dedication of our female staff.

Thank you to the incredible women who work for ElderCare, and make every day one that is fun and bright!



Staff Spotlight:

Courtney
Casual Staff



Courtney is one of our hard-working and kind casual staff! She travels between the three locations, and is always happy to connect with clients and staff wherever the day may take her.

Courtney grew up in Grande Prairie with a passion for helping others. She is a certified Recreational Therapist and a proud kidney transplant recipient.

She says that her favourite part of working with ElderCare is getting to know all of our clients. When she isn't working, she is a lover of all things spooky (movies, books, etc.), and spends her spare time with her dog, Archie the mini eskie.

"Courtney is a real go-getter in our team, always putting in hard work and dedication!"

We invite you to our 2024 Annual General Meeting (AGM)!



Our Annual General Meeting will be on **March 18, 2024 from 6:15pm - 8:15pm.**

We invite caregivers, clients, volunteers, and staff to join us to celebrate our progress over the past year, and to discuss our future as an organization.

The meeting will take part online via Microsoft Teams. You are welcome to RSVP if you are interested in attending, by utilizing the QR code below. If you have questions or any difficulty accessing the RSVP, please reach out to the head office and we will be happy to assist you.



Upcoming Events

Mar 17 St. Patrick's Day

Closure Dates

Mar 29 Good Friday

Community Events & Resources



The Edmonton Mennonite Centre for Newcomers (EMCN) hosts an English for Seniors Program for individuals aged 55+. The program involves practice reading, speaking, and conversing in English in a welcoming and respectful environment. The program is accessible for anyone, regardless of residency status and is offered in-person, by telephone, and online.

Outside of the English for Seniors Program, EMCN also offers access to a Community Connector, to connect individuals with community resources and services that may be of use to them.

To learn more, interested individuals can access information at <https://emcn.ab.ca/program/english-for-seniors/> or call the EMCN reception at (780)-945-2295.

