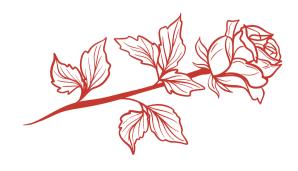


Program Announcements

1.If you are going to be absent from the day program, please call our head office to notify us at (780) 434 - 4747.

- 2. Please note, we will charge for all absences except for hospitalization and coronavirus.
- 3. Please inform us of any medication and contact information changes.



Celebrating February

Groundhog Day | February 2nd
Chinese Lunar New Year | February 10th
Valentines Day| February 14th
Pink Shirt Day | February 28th
National Pancake Day | February 28th

February Birthdays

Those born between February 1-19 are the star sign, Aquarius. Aquarius's are air signs who are unique, free-spirited, and fun loving. Those born between February 20-29 are the star sign, Pisces. Pisces are water signs who are creative, intuitive, and imaginative.

February Birth Stone: Amethyst February Flower: Primrose and Violets

Vitality Daily Schedule

Client Arrival

9.00am - 9.50am	Ctient Arrivat
9:30am - 10:00am	Client Choice Activities
10:00am - 11:15am	Morning Activities
11:15am - 11:45pm	Fun & Fit (Exercise Program)
11:45pm - 12:15pm	Lunch
12:45pm - 2:00pm	Afternoon Activities
2:00pm - 2:30pm	Light Refreshment
2:30pm -3:00pm	Client Departure

Program Closures

We will be closed

Monday, February 19th for

Family Day

FEBRUARY 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
	29		30		31	10:00 February Door Decor 10:45 Price Is Right: Real Estate 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Shuffleboard 2:00 Snow Facts	1	10:00 Remembering Artists 10:45 Rodent or Mammal 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Groundhog Mini Golf 2:00 Groundhog Trivia
10:00 Valentine Rustic Decor 10:45 Bingo 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Louise LePore 2:00 Associations	5	10:00 Chinese Firecrackers 10:45 Hot Seat (Feb) 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Basketball 2:00 Words ending with	6	10:00 Letter's To Juliet 10:45 CNY Candy Box 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Soccer 2:00 Wordle	7	10:00 Pet Therapy 10:45 Chinese New Year Traditions 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Football Toss 2:00 Lunar Categories	8	10:00 Red Envelope Hunting 10:45 Chopstick Minute To Win It 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Air Hockey 2:00 Asia A-Z
10:00 Cupid's Potion Float 10:45 Newly Friend Game 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Heart Toss 2:00 Superbowl Sunday Quiz	12	10:00 Valentine Jeopardy 10:45 Mardi Gras: What a Mess! 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Mini Golf 2:00 Famous Couples	13	10:00 Love Jar 10:45 Wedding Reminiscing 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Bruce Veroba 2:00 Valentine's Word Mining	14	10:00 Valentine's Family Feud 10:45 Cupid Connections 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Love Potion Ring Toss 2:00 Cupid's Column	15	10:00 DIY Dog Toys 10:45 DIY Whelping Box Decor 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Cupid's Arrow Javelin 2:00 Name 5: Heart's Day
CLOSED FAMILY DAY	19	10:00 EPL 10:45 Bingo 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Jeff Ramsey 2:00 Family Word Tree	20	10:00 Name That Tune 10:45 Hot Seat (Feb) 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Skee Bag Toss 2:00 4 picture, 1 word	21	10:00 Pet Therapy 10:45 Close Up Objects 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Frisbee Golf 2:00 Memories Archive	22	10:00 Draw My Picture 23 10:45 Bingo 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Charles Hunt 2:00 Beloved Pets Reminscing
10:00 The Arabian Horse 10:45 Horse Trivia 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Horseshoes 2:00 Farm Reminiscing	26	10:00 Who Wants to be a Millionaire 10:45 Name That Tune 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Floor Curling 2:00 Hangman	27	10:00 Movie Music Match 10:45 Bingo 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Noodle Hockey 2:00 Scattergories	28	10:00 Leap Year Facts&Trivia 10:45 Bingo 11:45 Exercise 12:00 Lunch 12:45 Walk 1:00 Larry Dorosh 2:00 Wheel of Fortune	29	

^{*}Please Note: Activities are subject to change dependent upon client preference and PF discretion.